## TACTICAL FIRST AID



## IFAK TRAINING INDIVIDUAL FIRST AID KIT

This course is to teach the basic skills necessary to preserve life rendering aid to self or individuals who are suffering from traumatic injury. You will be trained in the application of an IFAK(individual first aid kit) to help stop hemorrhaging and stabilize self or others until the arrival of Emergency Medical Technicians(EMT's) to administer advanced medical care. Class is taught by one of CQT's certified **Emergency Medical Technicians.** 

All Students will receive First Aid Trauma Training on the proper use of items contained with the IFAK. You will be required to successfully complete an IFAK scenario before receiving a completion certificate from CQT. This is not a Red Cross CPR certified course.

Cost of the class will include 4 hours of training and 2 IFAK's, one kit will be used for training and the other will be for you to take home.

4 hours of training and 2 IFAK's

6-8PM

NOVEMBER 8-9 DECEMBER 9-10











IFAK includes tourniquet, nitrile gloves, trauma pad, duct tape and trauma response instructions.

## **Tourniquet Bandage Materials**

1-Bandage, Conforming Gauze, 3"

1- Dressing, Gauze, Sterile, 2" x 2", Pkg./2

1 - Dressing, Gauze, Sterile, 4" x 4", Pkg./2 Bleeding

Gloves, Nitrile (Pair), Hand Wipe

1 - QuikClot Gauze 3" x 2'

1 - Trauma Pad, 5" x 9"

**Duct Tane** 

1 - Duct Tape, 2" x 26" Fracture / Sprain

1 - Bandage, Triangular

**Wound Care** 

5 - Antiseptic Wipe **Medical Information** 

1-Trauma and Accident Management Instructions

VISIT OUR WEBSITE TO BOOK A CLASS AND SEE THE COMPLETE SCHEDULE OF CLASSES AVAILABLE - CALL 586-726-4730 EXT 107 FOR FURTHER INFORMATION ON THESE CLASSES OR ANY OUESTION YOU HAVE ABOUT ANY OF OUR TRAINING. WWW.COTSPORTS.COM